



SONS of NORWAY

Harald Haarfager Lodge #2-011
Coeur d'Alene, Idaho



www.SoN-CdA.com



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208-262-8020



Sons of Norway Coeur d'Alene

A Message from President Dave McManus

Hei Hei,

As we head into summer and wrap up a wonderful Spring season together, I want to extend a heartfelt thank you to each of you for the time, energy, and enthusiasm you've given to our lodge so far this year. From events and gatherings to behind-the-scenes help, your willingness to pitch in is what keeps our lodge vibrant and welcoming. It truly makes a difference.

As we head into our final activities before summer, I encourage you to join us for Syttende Mai—it's always a great opportunity to connect, share a few laughs, and celebrate Norwegian culture and friendship, together.

I hope each of you enjoys a relaxing and joyful summer, filled with sunshine, good company, and perhaps a little Nordic spirit along the way--perhaps at our Midsommer Celebration? While we take a break from regular meetings until August, we'll stay in touch with updates by email and through our July/August newsletter.

Thank you again for being such an important part of our Sons of Norway community. We look forward to seeing you at a gathering again soon!

Mange Takk, (Many Thanks)

President Dave



Mark Your Calendar! Call or text the lodge phone to reserve your spot! 208-262-8020

<p>Syttende Mai Norwegian Constitution Day Celebration Sunday, May 17 2-4pm</p> <p>Trinity Lutheran Church 812 N. 5th Street, CdA</p> <p>Reserve your spot on our Website or call or text the lodge phone. 208-262-8020</p>	<p>Midsomer Celebration Sunday, June 21 4pm</p> <p>Jerry and Sharon Hanson's home</p> <p>Call or text the lodge phone to RSVP and for address. 208-262-8020 Burgers and hot dogs provided, Bring salad or dessert to share</p>	<p>CDA Independence Day Parade July 4</p> <p>Call or text the lodge phone to reserve your spot in the truck, in the truck bed, or in the boat. 208-262-8020</p> <p>Room for 19 total!</p> <p>Let's show this town how vikings celebrate freedom!</p>	<p>Table of Contents</p> <table border="0"> <tr> <td>President's Message</td> <td>1</td> </tr> <tr> <td>Lodge Business & Birthdays</td> <td>2</td> </tr> <tr> <td>Lodge News</td> <td>3</td> </tr> <tr> <td>New Members & Sunshine</td> <td>3</td> </tr> <tr> <td>Member Spotlight</td> <td>4</td> </tr> <tr> <td>Nordic Culture Corner</td> <td>6</td> </tr> <tr> <td>Learning page</td> <td>7</td> </tr> <tr> <td>Upcoming Events</td> <td>5 & 8</td> </tr> <tr> <td>District and Lodge Leaders</td> <td>9</td> </tr> </table>	President's Message	1	Lodge Business & Birthdays	2	Lodge News	3	New Members & Sunshine	3	Member Spotlight	4	Nordic Culture Corner	6	Learning page	7	Upcoming Events	5 & 8	District and Lodge Leaders	9
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Takk for hjelpen!

- Mange Takk you Darla for introducing us to Finn and helping to bring him to Coeur d’Alene. Everyone who attended enjoyed his presentation and we hope to have him back again in the future! Thank you everyone who brought cookies to enjoy!

- Tusen Takk HH members for your incredible hospitality during the March Vaffler breakfast! And to the kitchen crew, a HUGE Tusen Takk! Everything was DELICIOUS!
- Mange Takk Carol Uptagrafft for teaching a Rosemaling class. Ten students learned beginning techniques and history, while painting a beautiful ornament.
- Takk for maten to all who attended the April Taste of Norway event, and to Darrin for your presentation on Aass Beer. **Skål!**
- Takk Takk! to Tordenskjold Lodge members Lois McKinnell and Djuna Basconcelo for teaching the Viking Knit Bracelet class!

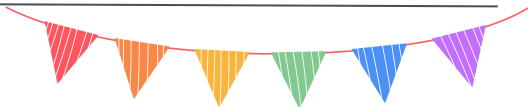
Lodge Business...

At the March Business meeting, Delegates were chosen to attend the 2026 District 2 Convention in Poulsbo, Washington, May 27-30.

Cindy and Dave McManus will be attending, as they are District Officers. Pamla Silk will attend as she is on the Trollhaugen Board, and Darla Gunning, lodge cultural director and Michael Claflin will also be attending with Ed Ronningen serving as an alternate. Tusen Takk for your willingness to serve!

At the April Business Meeting, we learned that our lodge has received a Foundation Grant to help pay for our Annual Kids Camp, which will be held August 5 & 6. Registration will be available in June.

At the request of Coeur d’Alene High School Administrators, the Lodge boat, Selma, docked at CHS for the annual **Viking Voyage** (8th Grade Orientation Night) on April 13. **Welcome Class of 2030 CHS Vikings!**



Gratulerer Med Dagen!

Please wish these members

Happy Birthday!

May

- 01 Ron Moran
- 03 Diane Dahlheim
- 03 Todd Silk
- 09 Erling Place
- 13 Owen Bratvold
- 13 Dona Farsdahl
- 13 Kevin Zilko
- 15 Kellen McManus
- 18 Shanna Friesen
- 19 Terry Bressler
- 21 Mr Kay Nelson
- 25 Kathy Solum
- 29 Nixon Blinn

June

- 03 Judy Edwards
- 03 JoAnn Nelson
- 04 Dane Mosher
- 05 Lana Stroud
- 07 Ford Blinn
- 10 Ivan Dremov
- 11 Caroline Sisk
- 12 Christopher Larson
- 21 June Gilseth
- 24 Angela Larson
- 28 Debbie Townsend



Lodge News

Congratulations to Natalie Stroud!

Natalie, daughter of Lana and granddaughter of Dave and Cindy, was named an Idaho Top Scholar — an honor awarded to the top 10% of juniors in the state of Idaho. This award comes with two years of paid tuition if she attends NIC! Natalie is a softball player at Post Falls High School and an active member at our lodge, serving at Kids Camp, and helping in the kitchen!



Gratulerer Natalie and Family! We are so proud of you!

Velkommen til våre nyeste medlemmer (Welcome to our newest members)

Kimberly Johnson David Guthrie



Sunshine Report



Thank you Kathy Solum, for keeping up with sending sunshine to our members with get-well, sympathy, and well wishes cards!



Join the lodge, in the 250th Celebration of our nation's birthday!

For the past several years, Harald Haarfager Lodge has participated in the Coeur d'Alene Independence Day Parade on July 4. Obviously, we are a favorite entry! We are hoping to add a few more vikings to our boat, Selma, for the festivities.

Sign up to participate by calling or texting the lodge phone 208-262-8020 and tell us if you are riding in the boat, truck cab or truck bed.

The truck and boat will be downtown early, but riders just need to be in our boat by 10 am. We can text you our location.



Member Michael Claflin received his bronze sports medal for cycling from Sports Director, Rob Knutson

Membership Count

Members	100
Golden	8
Heritage	13
Affiliate	2



Member Spotlight

Lodge Member travels to New York

Lodge member, Annika Silk submitted the following information regarding her recent trip to New York for Model United Nations and the Security Council room.

“I am currently a junior at University of Idaho double majoring in Political Science and International Studies. Through this I was provided with an opportunity to represent Slovenia at the Model United Nations conference in New York City. During this trip we toured the United Nations Headquarters including the Security Council room. I learned that the Security Council room was a gift from Norway in 1952 as was its restoration in 2013. Everything in the room was designed and made in Norway including the silk tapestries. I’ve included a close up of these which shows the anchors, wheat and hearts symbolizing faith, hope and charity. It was wonderful to see the connection to Norway and it created some opportunities for wonderful conversations with UN employees. At the conference, my partner and I were awarded for our position paper. Out of nearly 150 submissions only 5 were recognized.”

Well Done, Annika! Keep up the good work!



Annika at the United Nations

Norway made silk tapestries in the UN Security Council Room.





Trash Pick-up

SATURDAY MAY 9, 2026 10AM

- HIGHWAY 95 AT MILEPOST 425 --
- PARK JUST DOWN FROM THE TOP OF THE HILL AT THE WIDE SPOT PAST COUGAR BAY--PARK ON THE EAST SIDE
- WEAR STURDY SHOES, REFLECTIVE VESTS, GLOVES, TOOLS, AND BAGS WILL BE PROVIDED.



SYTTENDE MAI CELEBRATION

Sunday, May 17, 2026
2pm

Trinity Lutheran Church
812 N 5th St, Coeur d'Alene

Join us for a "traditional" hot dog lunch, flag raising, proclamation, and other festivities. Wear your Norwegian attire for the "parade" Our friends from Tordenskjold will be joining us!

Please bring a salad or dessert to share!

Call or text the Lodge Phone 208-262-8020, and leave a message or RSVP on www.son-cda.com






Sunday, June 21, 4pm
At the home of Sharon and Jerry Hanson

MIDSOMMER PICNIC

Sons Lodge of Norway , Harald Haarfager Lodge

Message the Lodge phone, 208-262-8020 and let us know you are coming.

We will give you the address when you call.
Please bring a side dish, salad, or dessert to share.
Bring a sweater — it can get chilly.



FIFA Wold Cup Soccer Schedule for Team Norway

June 7 Norway vs Morocco  

June 16 Norway vs. Iraq  

June 22 Norway vs. Senegal  

June 26 Norway vs. France  

NORDIC CULTURE CORNER

Midsommar Magic: Celebrating Sankthans the Norwegian Way

Across Norway and the Nordic world, one of the most beloved summer traditions arrives each year on June 24: Midsommar, or Sankthans. But as any Norwegian will tell you, the real celebration begins the evening before—Sankthansaften—Midsommar Eve—when communities gather to welcome the height of summer. Falling at the time of the longest days of the year, Sankthans is a celebration of light, warmth, and togetherness. In southern Norway, night brings only a few hours of darkness, while in the far north, the sun never truly sets. This natural wonder adds to the magic of the holiday, which blends Christian tradition—marking the birth of St. John with ancient pagan customs rooted in nature and folklore.

Historically, Sankthans was believed to be a night filled with mystery and enchantment. Flowers were thought to hold special powers, used to bless and protect homes. Old legends even tell of magical gatherings and rituals tied to the midsummer night. Today, those traditions live on in more joyful and symbolic ways.

In regions like Vestfold, celebrations can be especially lively, featuring boat flotillas, flower-decorated harbors, and large bonfires along the shoreline. These fires have been central to Sankthans for generations—symbols of light, community, and the turning of the season. In fact, Norway set a record in 2016 in Ålesund with a bonfire towering 47 meters high!

Many Norwegians begin their celebration on June 23 with family and friends. Gather outdoors, to enjoy the long evening light, and share a simple meal—perhaps something inspired by Norway like rømmegrøt, cured meats, or even a fresh berry cake. Children (and adults!) can create flower crowns using daisies or whatever blooms are available, a tradition that connects us to nature and the season. Red Campion Flowers play an important role in many of the festival days in the Nordic region and none more than Midsummer.

You might also try a bit of midsummer folklore: tuck seven different flowers under your pillow on Sankthansaften and see who appears in your dreams! Folklore says you will dream of who you will marry. If possible, light a small bonfire, firepit, or even candles to capture the spirit of the celebration. Decorate your home or gathering space with fresh greenery, wildflowers, or birch branches to reflect the beauty and abundance of summer.

Most importantly, Sankthans is about connection—celebrating the season with those around us, honoring tradition, and embracing the joy of long, light-filled days.

So how can we bring a bit of this Norwegian tradition to Coeur d'Alene? Our Lodge is starting with a June 21 celebration at the home of Jerry and Sharon Hanson. We will begin our evening at 4pm with hot dogs and hamburgers provided by the lodge. Bring a side dish, salad, or dessert to share and come for an enjoyable evening. Bring a sweater because we are gathering outdoors in true Nordic, and Idaho, tradition.

God Sankthans! 🌸 **Learn more at <https://www.livinganordiclife.com>**



Sankthansblomt, the St Hans Flower

The Red Campion flower is named after St Hans

Learning Page

Midsommer Coloring Page



Upcoming Lodge Events

- May 9 10am Trash Pick up for Adopt-a- Highway
- May 17 2pm Syttende Mai--Norway Constitution Day
- June 21 4pm Midsommar Gathering at Hanson home
- July 15 2pm Kids Camp Preparation meeting
- August 5 & 6 Kids Camp
- August 25 & 26 Beer Gardens at the North Idaho Fair
- Sept 11 & 12 Let's Vike It--in Newport, WA

Mark your calendars!

Please call or text the lodge phone 208-262-8020 and let us know how you would like to help with any of the upcoming events. Set up, serving, clean up.... helping...It's where the fun is!

Check out our lodge website www.SoN-CdA.com for more information.



2026 HH Lodge Business Meetings

- | | |
|-------------|------------|
| May 1 | October 2 |
| August 7 | November 6 |
| September 4 | December 4 |

Business meetings are held the first Friday of each month, August - Maeting at 6pm, with dinner at 5pm.

**All events are held at Trinity Lutheran Church, unless otherwise noted.
812 N. 5th Street, Coeur d'Alene, ID 83814**

2025 District 2 Events

May 27-30 District 2 Convention @ Poulsbo

**August 22, 2026 GOLF TOURNAMENT
Icicle Course, Leavenworth, WA**

Check the District 2 website and see all the great activities coming up!
<https://www.sonsofnorway2.com/events/>

2025 DISTRICT 2 Events @ Trollhaugen

July 18, 2026 District 2 Horseshoe and Kubb Tournament, followed by Steak Fry

For more info:
<https://www.sonsofnorway2.com/events/>

For all Trollhaugen reservations and availability please email trollhau@outlook.com and **bring your Sons of Norway membership card to receive member rates.**
<https://www.trollhaugensofn.com/>



2025-2026 District Officers

- District 2 President Joanne Gray
- District 2 Vice President Bill Hicks
- District 2 Secretary James Wraalstad
- District 2 Treasurer Dan Andrews
- District 2 Counselor Jerry Erickson
- District 2 Publicity Director Cynthia McManus
- District 2 Cultural Director Sally Dwyer
- District 2 Youth Director Laurie Berg
- District 2 Foundation Director, Mark Agerter
- District 2 Sports Director Alisha Anunson

- Zone 1 Director – Duane Esperum, Sonja Lodge
- Zone 2 Director – Shirley Lovelace, Normanna Lodge
- Zone 3 Director – Vernene Scheurer, Vesterdalen Lodge
- Zone 4 Director – Paul Anunson, Poulsbo Lodge
- Zone 5 Director – Dave McManus, Harold Haarfager Lodge
- Zone 6 Director – Richard Carr, Artic Viking Lodge

With sadness.... we announce the recent passing of two long time Sons of Norway Members.

Judy Stebbins, of Coeur d'Alene passed away on April 13, 2026. Judy was a 19 year member and active participant of Harald Haarfager Lodge, serving as lodge Pianist and Secretary, until moving to Moscow. Judy will be missed and remembered fondly by family, friends, and lodge members.



Erling Berg, a long time member of Leif Erickson Lodge in Seattle, passed away Sunday, April 26, at 99 years old. Erling had been a member of Sons of Norway since 1962 and served on the Trollhaugen Board since the beginning and served to the end, He was the last original Board member from its incorporation in 1975. He spent many hours at Trollhaugen -- splitting wood, making repairs or cleaning up. as well as with the Ski for Light program as a host and guide and at the fundraising dinner each year. He will be greatly missed for his gracious smile, dedication, and volunteering.

2025-2026 HH Executive Board

- Dave McManus--President
- Kyle McManus--Vice President
- Colleen Sisk--Secretary
- Lana Stroud--Treasurer
- Dave Jacobson--Membership Secretary
- Pamla Silk--Counselor
- Cindy McManus-- 1 yr Trustee
- Jennifer McManus--2 yr Trustee
- Annika Silk-- 3 yr Trustee

2025-2026 Lodge Officers

- Cindy McManus--Social Director
- Darla Gunning--Cultural Director
- Rob Knutson--Sports Director
- Suzanne Knutson--Publicity Director
- Dave McManus--Foundation Director
- Suzanne Knutson--Editor & Webmaster
- Social Committee:

- Cindy McManus Darla Gunning
- Barbara Rostad Ed Ronningen
- Suzanne Knutson Dave Jacobsen

- Bill Solum--Historian
- Kathy Solum--Sunshine Chair
- Mark Haberman--Musician
- Greeters: Dave Jacobson
- Kay & JoAnne Nelson
- Karen Williams--Marshal
- Ed Ronningen--Assistant Marshal
- Auditors: Jennifer McManus
- Cheryl Reed
- OPEN--Youth Director

All Harald Haarfager Members in good standing are eligible to run for board positions. Positions are held for two years. You can read more about each position here:

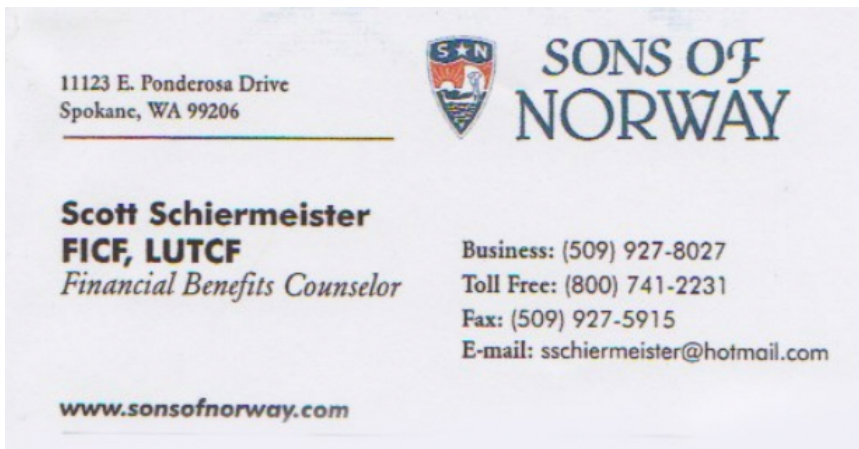
https://www.sofn.com/member_resources/lodge_leadership_resources/administrative_resources/leadership_roles_guidelines/

Lodge Newsletter articles are due
by the 15th of each month.


Send them to Suzanne Knutson:
SoNCdApublicity@gmail.com

Newsletter is sent out via email and print
to members, bi-monthly.

Thank you to each person submitting!



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