



SONS of NORWAY

Harald Haarfager Lodge #2-011
Coeur d'Alene, Idaho



www.SoN-CdA.com



soncda11@gmail.com



208-262-8020



Sons of Norway Coeur d'Alene

A Message from President Dave McManus

Hei Hei,

Happy New Year to everyone.

Our Lodge Cultural Director position is vacant and we are hoping to fill the position for the remainder of the year. The Cultural Director, with the Social Director and Committee, plans activities to contribute to members' understanding and appreciation of Norwegian heritage and culture, past and present. Since

quality cultural programs are one of the main factors that attract and retain members, the Cultural Director makes a significant contribution to the success of the lodge. In addition, exciting and interesting cultural programming can help promote a positive image of Sons of Norway in the community and help community members understand the mission of the organization. There are many resources available on the Sons of Norway website including reference materials, and the Cultural Skills Program. The Cultural Director monitors success as members earn cultural skills pins. For more info, The Cultural log in to the Sons of Norway account or ask one of the lodge leaders for help. We will be discussing this further at the January 30 business meeting.

Mange Takk, (Many Thanks)

President Dave



Mark Your Calendar! Call or text the lodge phone to reserve your spot! 208-262-8020

**Anniversary Lunch &
a Special Showing of
Lutefisk wars**

**Saturday, January 17
11:30am**

Trinity Lutheran Church
812 N. 5th Street, CdA

**RESERVATIONS
REQUIRED BY
JANUARY. 14**

Craft and Culture Fair

**Saturday, February 7
9am-3pm**

Trinity Lutheran Church
812 N. 5th Street, CdA

Call or text the lodge phone
and tell us how you would
like to help! Kitchen,
hospitality, sales table,
etc...

Vafler Breakfast

**Saturday, March 14
8:30-10 am**

Trinity Lutheran Church
812 N. 5th Street, CdA

\$15 adults

Traditional Norwegian
waffles with lemon or
Cardamom, various
toppings and other
breakfast goodies

Table of Contents

President's Message	1
Lodge News	2-3
Highlights & Birthdays	4
New Members & Sunshine	5
Nordic Culture Corner	6
Learning page	7
Upcoming Events	8
District and Lodge Leaders	9

Lodge News

Takk for hjelpen!

- To all lodge members who helped make the annual Lutfisk lunch a huge success! We could not do it without you! Our food preparers and servers served 50 more people than at the 2024 event. Everyone had a great time and enjoyed the festivities!
- For the excellent help with our recent Julefest! It was a great event to end a great year of fun! Thank you to Mark Haberman and Barbara Rostad for helping to get our singing voices going and for all the delicious food prep and service, set up and clean up crews.

A Special Tusen Takk from Cindy

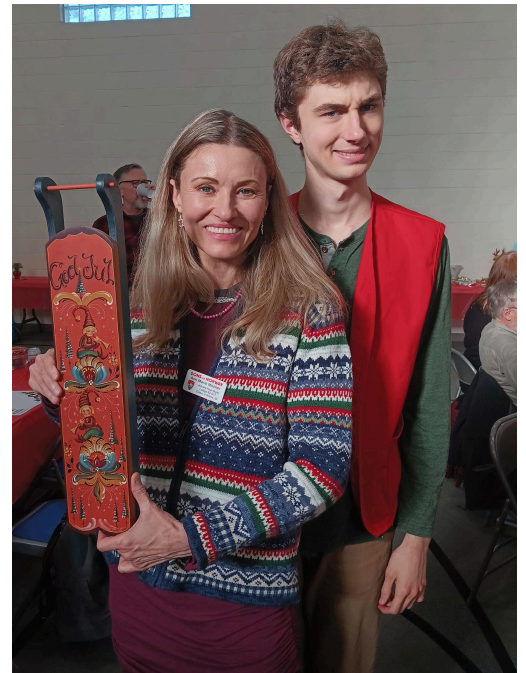
Cindy would like to thank her personal nisse for the special gift sent to her in thanks for her extraordinary work to make the Lutfisk dinner, and all our lunch and dinner events so delicious. Cindy said it was not necessary but a very kind gesture that she is grateful for.

**THANK
YOU!**
♥



Warren, a first time visitor at our Lutfisk Lunch was the lucky winner of the Rosemaling Tine Box raffle and Ann Marie Mosher was the lucky winner of the Rosemaling sled at our annual Julefest. GRATULER!

Tusen Takk to all who bought tickets. Funds raised help pay for lodge Kids Camp activities in August. Watch for more opportunities to win!



Foundation Scholarships are DUE January 15 and can be seen here
<https://www.sofn.com/foundation/scholarships/>

District 2 also has scholarships and can be seen on the district 2 website.
<https://www.sonsofnorway2.com/scholarships/>

Lodge News

Photos from the Dec. 13 Julefest

Glogg was served and folks enjoyed additional beverage selections of AASS beer, Oslopolitan cocktails and a selection of Aquavit, contributed by Dane Moser.



This year the Lodge Julefest started with tree decorating by some special Nissen, seen in the photo above. Later, they participated in a short Santa Lucia before passing cookies out.



Lodge Members and visitors enjoyed the music, food, festive atmosphere.



Harald Haarfager Lodge 116th Anniversary Luncheon

Saturday, January 17, 2025

Trinity Lutheran Church 812 N. 5th Street, CdA

Reservations Required by Jan. 14

Members, please join us for a celebration and lunch of Norwegian soups, salads, breads and cream cake. After lunch we will watch the movie farce *Lutefisk Wars*

**Call or text the lodge phone to make your reservation
208-262-8020. Tell us how many in your group**

Gratulerer Med Dagen!

Please wish these
members

Happy Birthday!

Januar Bursdager

- 10 Judy Stebbins
- 19 Mark Haberman
- 20 Al Sisk, Jr.
- 23 Margaret Polla
- 24 Kevin Brown
- 26 Paul Leeberg

Februar Bursdager

- 2 Bette Price
- 4 TJ Berge
- 4 Andy Mosher
- 7 Darrin Lee
- 11 Ann Marie Mosher
- 14 Evelyn Marlow
- 17 Nathan Stroud
- 23 Gerrielee Place



4TH ANNUAL CRAFT AND CULTURE FAIR

SATURDAY, FEBRUARY 7, 2026 9AM - 3PM

TRINITY LUTHERAN CHURCH

812 N. 5TH STREET, COEUR D'ALENE

CRAFT VENDORS, FOOD, MUSIC, PRESENTATIONS,

CULTURAL ORGANIZATIONS, CRAFT DEMONSTRATIONS

Norwegian Waffles served 9-11 am

Viking Boat Lunch (meatballs, potatoes & gravy) served 12-2pm

Explore multi-cultural heritage of our community!

- FREE Parking
- FREE Admission
- FREE Entertainment & Demonstrations
- Food and craft items available for purchase.

Something for ALL to enjoy!



**SONS of
NORWAY**

#02-011 Harald Haarfager Lodge
Coeur d'Alene, ID
Est. 1910
www.SoN-CdA.com



Book Review by Lodge Member Dave Jacobsen

In Their Own Words: Letters From Norwegian Immigrants compiled by Solveig Zempel. University of Minnesota Press 1991

Several months ago at the lodge Salmon Dinner there were several immigrant letters shared to offer a picture of the "new" life in America. That offering piqued my interest in reading letters from immigrants to family and friends in Norway. I found the above collection of letters on Amazon and other for-sale sites and pursued finding this book for loan, through the Hayden Library Interlibrary Loan network.

I found the book interesting and engaging as it offered insight into the lives of eight immigrants to America from Norway. Immigrant life was challenging, at best, for some - finding housing and steady employment and places to settle. There were a number who settled in areas where there already were groups of immigrants from their areas in Norway. Many struggled with the new language and the ways of America, seeing their children grasp and adopt the new language and American ways quickly.

An interesting touch of the book was on those who were deeply dissatisfied with their "new" country, wanting to return to Norway and its known ways and patterns. Some mourned and longed for missing their relatives and friends in the old country but knowing clearly they would never be able to afford a visit to their country of origin, and seeing their children adopt a new life here, much to the struggle of parents and community leaders.

Chronicled in the letter collection were those with strong political and faith beliefs, struggling to find something that settled them in America.

In the end, most seemed to find some peace and settlement in their new country. The book has grit, some softness, struggle and settlement in its pages and I thought it was a worthwhile time of exploration.



Sunshine Report



Thank you Kathy Solum, for keeping up with sending sunshine to our members with get-well, sympathy, and well wishes cards!

Velkommen til nye medlemmer (Welcome to New Members)

Michael Claflin
Robert Andrews

Membership Count

Total Current Members 98

Golden 8

Heritage 8

Affiliate 2



NORDIC CULTURE CORNER

Norway's Flag Days

The following dates are Norway's designated flag days. Some flag days are fixed, such as historical anniversaries and royal birthdays, while religious holidays and election days vary each year. This list includes both public holidays and non-public holidays

1 January: New Year's Day. The start of the new year is celebrated across Norway.

21 January: Birthday of Princess Ingrid Alexandra. The daughter of Crown Prince Haakon and second in line to the throne will one day become Queen of Norway.

6 February: Day of the Sami People. On this day, both the Norwegian flag and the Sami flag are encouraged to be flown. The day commemorates the first Sami congress held in 1917 and celebrates Sami culture across the region.

21 February: The birthday of King Harald V. Norwegians fly the flag to honour their reigning monarch, who has been King of Norway since 1991.

1 May: Labour Day, a public holiday dedicated to workers' rights and social progress, is often marked by parades and demonstrations.

8 May: Liberation Day Marks the end of German occupation of Norway at the end of WWII.

17 May: Norway's Constitution Day The most important flag day of the year, celebrates Norway's independence.

7 June: Union Dissolution Day. Commemorates Norway's independence from Sweden in 1905,

4 July: The birthday of Queen Sonja. The wife of King Harald V, was born in 1937.

20 July: The birthday of Crown Prince Haakon, who will be the next King of Norway.

29 July: This day honours St. Olav, the medieval King of Norway and the country's patron saint. It is particularly significant in Trondheim, where the St. Olav's Festival takes place around this date at Nidaros Cathedral, the site of his burial.

19 August: The birthday of Crown Princess Mette-Marit. Born in 1973, Crown Princess Mette-Marit is the wife of Crown Prince Haakon.

25 December: Christmas Day. A national holiday marking the celebration of Christmas in Norway.

Variable flag days in 2026

Maundy Thursday: April 2

Easter Monday: April 6

Pinse Monday: May 25

Good Friday: April 3

Ascension Day: May 14

parliamentary election days

Easter Sunday: April 5

*Pentecost (Pinse) May 24

*a significant Christian holiday in Norway, marks the descent of the Holy Spirit upon the apostles

Learning Page

Winter Olympic Games

On February 6, 2026, the Winter Olympic Games begin in Milano-Cortina, Italy. Norway has a long and proud history in the Olympic Winter Games and is widely regarded as the most successful nation in winter Olympic competition. Since the first Winter Olympics in France, in 1924, Norway has participated in every Games, with deep cultural roots in winter sports such as cross-country skiing, ski jumping, biathlon, and Nordic combined. Over the decades, Norwegian athletes have consistently dominated the medal standings, and Norway holds the record for the most total medals and gold medals won in Winter Olympic history. This sustained success reflects the country's strong outdoor traditions, community-based sports development, and national emphasis on winter athletics.

Find the word in the puzzle. Words can go in any direction. Words can share letters as they cross over each other.

FIGURE SKATING

CURLING

ICE DANCING

SNOWBOARDING

HOCKEY

SKI JUMPING

BOBSLED

DECATHLON

NORDIC COMBINED

LUGE

SPEED SKATING

BIATHLON

SKELETON

FREESTYLE SKIING

ALPINE SKIING

CROSS-COUNTRY SKIING

I	C	C	J	U	N	B	D	B	S	B	C	D	G	O	S	H	P	L	N
M	H	I	I	S	F	N	N	K	O	U	Q	N	T	F	G	O	N	W	O
Y	K	V	E	M	L	E	E	D	R	B	I	E	L	V	S	P	Y	A	L
H	P	J	K	R	T	L	L	L	Y	D	S	Y	D	N	N	K	E	O	H
D	C	T	N	Q	E	G	I	T	R	N	N	L	R	B	B	U	K	F	T
F	E	O	F	T	B	N	X	A	E	J	O	G	E	B	B	K	C	J	A
R	O	N	O	K	G	G	O	T	H	I	H	W	W	D	Q	K	O	S	C
E	B	N	I	Q	U	B	G	N	I	P	M	U	J	I	K	S	H	W	E
E	G	I	Y	B	W	S	P	E	E	D	S	K	A	T	I	N	G	L	D
S	N	F	A	O	M	A	L	P	I	N	E	S	K	I	I	N	G	U	C
T	G	G	N	T	D	O	O	F	P	Q	K	Y	F	J	Y	X	F	G	Q
Y	N	S	N	L	H	G	C	E	Y	N	K	Z	E	R	J	Y	O	E	Y
L	Z	W	H	I	C	L	P	C	P	I	M	G	F	F	K	D	D	W	Z
E	V	D	I	T	C	H	O	L	I	F	B	Y	M	D	G	O	R	U	V
S	M	S	E	O	N	N	O	N	I	D	C	Y	H	R	Q	O	F	H	R
K	L	H	G	N	I	T	A	K	S	E	R	U	G	I	F	I	Y	W	X
I	R	U	M	W	T	J	C	D	P	N	W	O	Q	G	N	L	G	U	C
I	E	U	H	K	T	A	Y	S	E	Y	R	A	N	L	Q	K	M	P	K
N	H	Y	Y	G	M	V	O	E	D	C	W	N	S	G	Q	K	D	X	I
G	R	B	O	K	D	D	T	S	Y	F	I	F	H	O	X	Z	V	N	E



Tina, the 2026 Olympic Games Mascot. The 2026 Winter Olympics will be held Feb 6-22, 2026



Milo, the 2026 paralympic games mascot. The 2026 paralympics will be held March 6–15, 2026

Upcoming Lodge Events

January 17	11:30am	Anniversary Luncheon & Lutfisk Wars showing
January 30	6pm	Combined January & February Business Meeting --Dinner at 5pm
February 6	6pm	Set up for the Craft and Culture Fair
February 7	9a-3p	Craft and Culture Fair--Food, Bake Sale Table, & Demonstrations
March 1	1pm	Presentation by Finn Brobakken
March 6	6p	Business Meeting--Dinner @ 5pm
March 14	9-11am	Waffle Breakfast
March 14,	1-3pm	Rosemaling Workshop

Mark your calendars!

Please call or text the lodge phone 208-262-8020 and let us know how you would like to help with any of the upcoming events. Set up, serving, clean up.... helping...It's where the fun is!

Check out our lodge website www.SoN-CdA.com for more information.

2026 HH Lodge Business Meetings

January 30

March 6

Business meetings are held the first Friday of each month, August - May at 6pm, with dinner at 5pm.

All events are held at Trinity Lutheran Church, unless otherwise noted.

812 N. 5th Street, Coeur d'Alene, ID 83814

2025 District 2 Events

Check the District 2 website and see all the great activities coming up!

<https://www.sonsofnorway2.com/events/>

2025 DISTRICT 2 Events @ Trollhaugen

Cross Country Ski Tournament Feb. 7

For more info:

<https://sonsofnorway2.com/events/>

For all Trollhaugen reservations and availability please email trollhau@outlook.com and bring your Sons of Norway membership card to receive member rates.

<https://www.trollhaugensofn.com/>

Sons of Norway Rosemaling Workshop

Saturday, March 14, 1-3 pm

Trinity Lutheran Church, 812 N. 5th Street, CdA

\$10 for Lodge members, \$20 for non members

Only 10 spaces open

Register on the Lodge Website www.son-cda.com/events

and send your payment to Sons of Norway,

P.O. Box 337, Coeur d'Alene, ID 83816

Come learn the Norwegian folk art of Rosemaling in a 2 hour introductory workshop



Instructor, Carol Uptagrafft, has been Rosemaling for many years with other talented instructors and wants to help our lodge members learn this special folk art. Your registration fee includes a basic introduction, instruction, and use of supplies to make a small project. Space is limited so sign up soon. www.son-cda.com/events



2025-2026 District Officers

District 2 President Joanne Gray
 District 2 Vice President Bill Hicks
 District 2 Secretary James Wraalstad
 District 2 Treasurer Dan Andrews
 District 2 Counselor Jerry Erickson
 District 2 Publicity Director Cynthia McManus
 District 2 Cultural Director Sally Dwyer
 District 2 Youth Director Laurie Berg
 District 2 Foundation Director, Mark Agerter
 District 2 Sports Director Alisha Anunson

Zone 1 Director – Duane Esperum, Sonja Lodge
 Zone 2 Director – Shirley Lovelace, Normanna Lodge
 Zone 3 Director – Vernene Scheurer, Vesterdalen Lodge
 Zone 4 Director – Paul Anunson, Poulsbo Lodge
 Zone 5 Director – Dave McManus, Harold Haarfager Lodge
 Zone 6 Director – Richard Carr, Artic Viking Lodge

2025-2026 HH Executive Board

Dave McManus--President
 Kyle McManus--Vice President
 Colleen Sisk--Secretary
 Lana Stroud--Treasurer
 Dave Jacobson--Membership Secretary
 Pamla Silk--Counselor
 Cindy McManus-- 1 yr Trustee
 Jennifer McManus--2 yr Trustee
 Annika Silk-- 3 yr Trustee

2025-2026 Lodge Officers

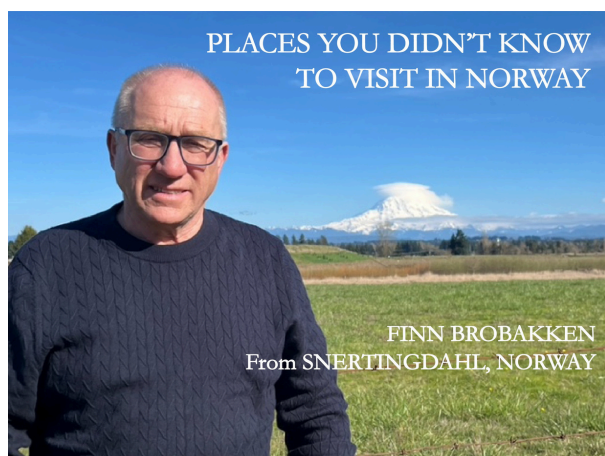
Cindy McManus--Social Director
 Rob Knutson--Sports Director
 Suzanne Knutson--Publicity Director
 Dave McManus--Foundation Director
 Suzanne Knutson--Editor & Webmaster
 Social Committee:

Cindy McManus	Matthew Barrie
Barbara Rostad	Ed Ronningen
Suzanne Knutson	Dave Jacobsen

Bill Solum--Historian
 Kathy Solum--Sunshine Chair
 Mark Haberman--Musician
 Greeters: Dave Jacobson
 Kay & JoAnne Nelson
 Karen Williams--Marshal
 Ed Ronningen--Assistant Marshal
 Auditors: Jennifer McManus
 Cheryl Reed
 OPEN--Cultural Director
 OPEN--Youth Director

All Harald Haarfager Members in good standing are eligible to run for board positions. Positions are held for two years. You can read more about each position here:

https://www.sofn.com/member_resources/lodge_leadership_resources/administrative_resources/leadership_roles_guidelines/



Sunday, March 1
1:00-3pm
 Trinity Lutheran
 Church,
 812 N. 5th Street, CdA

Coffee and Cookies
will be served and a
free-will offering will
be collected.
PLEASE JOIN US!

Finn Brobakken is visiting from Snertingdal, Gjøvik, a small valley 2.5 hours north of Oslo, Norway. Finn has family history in Minnesota, Wisconsin, and Canada, and is a Sons of Norway Member at Hamar Lodge 8-17 in Hamar, Norway.

In his presentation, he will share about some of the smaller and almost unknown places in Norway: Engeløya Island near Steigen and Bjordal in the famous Sognefjorden, on the west coast, and so many more!

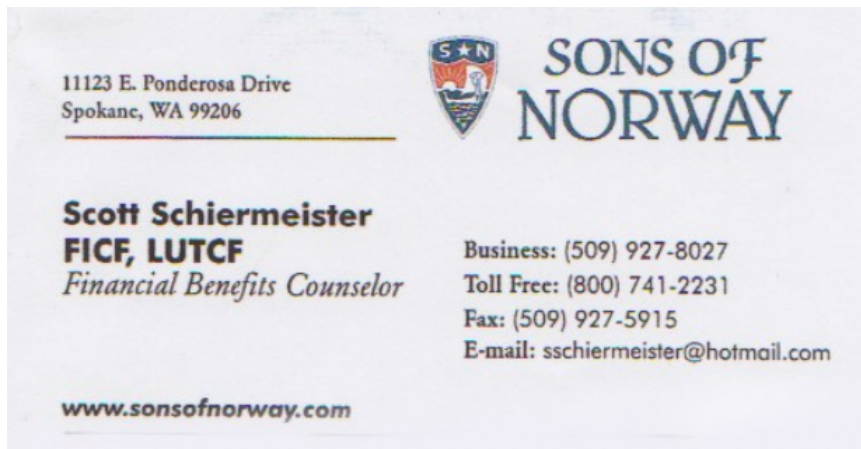
Join us for an interesting afternoon and good fellowship!

Lodge Newsletter articles are due
by the 15th of each month.

Send them to Suzanne Knutson:
SoNCdApublicity@gmail.com

Newsletter is sent out via email and print
to members, bi-monthly.

Thank you to each person submitting!



11123 E. Ponderosa Drive
Spokane, WA 99206

SONS OF NORWAY

Scott Schiermeister
FICF, LUTCF
Financial Benefits Counselor

Business: (509) 927-8027
Toll Free: (800) 741-2231
Fax: (509) 927-5915
E-mail: sschiermeister@hotmail.com

www.sonsofnorway.com

Contact Information

Harald Haarfager Lodge, CdA

President Dave McManus
www.SoN-CdA.com
soncda11@gmail.com
208-262-8020

District 2 www.sonsofnorway2.com

President Joanne Gray
360-923-1242 Joanne@moholtusa.com

International Headquarters

1455 W Lake St
Minneapolis, MN 55408-2666
Phone: (612) 827-3611
Chairperson: Daniel Seyfried

Trollhaugen Lodge

PO Box 155, Easton 98925
509-656-9997
trollhau@outlook.com
www.trollhaugensofn.com/

Sons of Norway 2-011
Harald Haarfager Lodge, CdA
P.O. Box 337
Coeur d'Alene, ID 83816
email: soncda11@gmail.com



HARALD HAARFAGER LODGE #02-011
COEUR D'ALENE, ID
EST. 1910
www.SoN-CdA.com



www.SoN-CdA.com



soncda11@gmail.com



208-262-8020



Sons of Norway Coeur d'Alene